

CONCHO CADRE BOARD PACKET

APRIL 10, 2006

12:00 p.m.

Golden Corral Restaurant

2005 BOARD OF DIRECTORS

CADRE COORDINATOR

Traci Eichin

PRESIDENT

Margaret Goode

VICE-PRESIDENT

Bob Hanger

SECRETARY

Scott Patterson

GROUP LEADERS

Mavis Boyd

Lori Lovell

Margie Matheny

Scott Patterson

Penny Phelan

Harriett Samad

Mari Valdibieso

Larry Van Doozer

Doris Yates

HONORARY MEMBERS

Susanne Barta

Orvie Jenkins

Barbara Jennison

Margie Matheny

Gwen Merka

Marcia Parret

Clydia Prosis

Mary Lou Roberts

Gary Samad

Harriett Samad

Herschel Shelby

Karen Smith

Hal Thompson

JoAnn Turner

Larry Van Doozer

If you know of a good program that the Cadre would enjoy and benefit from hearing, please contact Traci or Scott so we can schedule them for our monthly meetings. Also, we would like various Cadre members to introduce the speakers, please let us know if you want to have that privilege.

BOARD MEETING AGENDA

Meeting called by President Margaret Goode

Type of meeting: Board

Welcome/Introductions: Margaret Goode

Approval of December Minutes (pg. 3): Margaret Goode

News, Info & Updates: Margaret Goode

Upcoming Activities (pg. 1): Traci Eichin

Activity Report {pg 2} (additional info if needed): Margaret Goode

Membership Chair Report (pg. 4): Bob Hanger

Old Business: Margaret Goode

New Business: Margaret Goode

Introduction of Program:

OLD BUSINESS:

Hand out ranks to those who weren't at the Annual Awards Dinner.

NEW BUSINESS:

Get greeters for the Chamber luncheon and BAH.

UPCOMING ACTIVITIES

TUESDAY, APRIL 11th - Chamber luncheon at Rio Concho West from 11:30 a.m. to 1:00 p.m.

TUESDAY, APRIL 25th - Business After Hours at Qualtrust Federal Credit Union (off of Loop 306) from 5:00 p.m. to 7:00 p.m.

Kathy Keaton will be the program for our meeting on Monday, April 10th and will be talking about Humor Therapy. We'll have a contest to see who can guess which person is Kathy when she gets there.

ACTIVITY REPORT

NOTE: Individuals in bold print and all caps have applications turned in for membership into the Cadre.

KTM SECURITY, FRIDAY, MARCH 10th (Located at 2417 College Hills Blvd. This is a Brinks Security Company with the owners being Amanda McPeak, Sandy Smith, Todd Smith & Spencer McPeak. Michael Murchison is the Senior Technician).

Bob Hanger Peggy Amonette George Draper Linda Fiore Ona Haynie Barbara Jackson Ron Uppstrom
RED WHEEL FUNDRAISING of WEST TEXAS, FRIDAY, MARCH 17th (The ribbon cutting was held at the Visitor's Center since this a home based business which sell homemade foods (52 products) for fundraisers. Mary Coffey & Bill Coffey are the owners).

Peggy Amonette George Draper Barbara Jackson Ann Powell Julie Seay Ron Uppstrom
BAKER BROS. ON SITE OIL CHANGE, FRIDAY, MARCH 17th (Ribbon cutting held at the Visitors Center. This is a full mobile oil changing service with grease, fill fluids, personal service and attention. Billy and Ken Baker are the owners).

Bob Hanger Barbara Jackson Julie Seay Ron Uppstrom
CHAMBER LUNCHEON, TUES., MARCH 21st (Held at the West Texas Training Center. Kathryn Scanlan was the speaker. She talked about the need to properly educate students to be able to take on future jobs.)
Scott Patterson Sabrina Allison-Howard Norma Brawner Linda Fiore Pat Logan Janet Staha Ron Uppstrom
TRIUMPH HOSPITAL, WED., MARCH 22nd (Located at 120 E. Harris, 6th floor of Shannon Hospital. This is a long term acute care - a hospital within a hospital. Those present included: Steve Grappe, Jana Bailey, Trish Spatz, Cam Martin, Valerie Romero, Susan Langford, Jerrie Smithwick, Don Roberts, and Peggy Springer).

George Draper Ona Haynie Ron Uppstrom
FRANKLIN RV II, THURS., MARCH 23rd (Located at 1021 S. Access Road by Willeke Wines on Highway 67 South. This a recreational vehicle sales and service business. Those present were Jammie & Arlene Fry, Philip Fry and Terry Huff who is the General Manager).

Norma Brawner George Draper Ona Haynie Ron Uppstrom Linda Warren **ROBIN REED (1)**
BUSINESS AFTER HOURS, TUES., MARCH 28th (Held at the Floor Store located at 35 E. Buick).

Margaret Goode Bob Hanger Margie Matheny Penny Phelan Ann Billington George Draper Joan Draper
Bobbie Foreman Scooter Foreman Mike Greening Ona Haynie Barbara Jackson Leon Langley Sharon Langley Ann Powell Karen Smith Ron Uppstrom

ON THE LIGHTER SIDE

A truck driver was sitting at a truck stop counter quietly eating his breakfast when three rough-looking motorcyclists came in. They were bearded, dirty, wearing leather jackets and helmets with weird decals on them. The truck driver looked at them for a moment, and then continued eating his breakfast. The bikers apparently took offense at the way he looked at them.

They sauntered over to the trucker. One knocked over his coffee; another poured syrup on his eggs; and the third one dumped salt and pepper on his head. The trucker took this abuse without saying a word, left a tip, and went over to the cashier. He paid his bill and walked out the door to the parking lot.

"He sure wasn't much of a man," one of the bikers said to the waitress as they seated themselves down at a window booth. "He didn't even put up a fight."

"He's not much of a driver, either," the waitress said as she looked out a window. "He just backed his truck over three motorcycles."

CADRE BOARD MEETING MINUTES FOR MARCH 13, 2006

*NOTE: INDIVIDUALS IN ALL CAPS AND BOLD LETTERS HAVE TURNED IN APPLICATIONS

BOARD MEMBERS/CHAMBER STAFF PRESENT:

Traci Eichin Margaret Goode Bob Hanger Margie Matheny Scott Patterson Harriett Samad Doris Yates

GENERAL MEMBERSHIP/GUESTS:

Bill Allen Susanne Barta Mavis Boyd Billie Dunn Ona Haynie Yvonne Helsel Gwen Merka Karen Smith Ron Uppstrom Joan Wenetschlaeger

President Margaret Goode called the meeting to order at 12:05 p.m. Margaret asked for approval of the February minutes. A motion to approve them was made by Bob Hanger and seconded by Doris Yates. Motion was voted on and passed by the board.

ACTIVITY REPORT FOR FEBRUARY & MARCH

Details are now included in the activity report and no additional info is given unless necessary.

UPCOMING ACTIVITIES

Traci Eichin talked about upcoming activities.

MEMBERSHIP CHAIRMAN REPORT

Report given by Vice President Bob Hanger. We have 51members and 15 honorary .

OLD BUSINESS: No old business was discussed at this meeting.

NEW BUSINESS:

Traci Eichin presented Margaret Goode her official gavel for this year as President.

Ron Uppstrom will be one of the greeters for the Chamber luncheon on Tuesday, March 21st.

We received thank you cards from First Horizon Home Loans and Margaret Goode.

Bob Hanger brought a copy of Conexion Hispana in which the Cadre was on the front page when we helped them with their grand opening at their new location.

PROGRAM:

Bob Hanger introduced Randy Coleman who works at the Community Health Club and is on the television show, "Let's Eat". Randy talked about some of the health problems in San Angelo and around the country. Obesity is a problem with all the states. He said to look for a shortages of doctors in San Angelo in the next 5 years. Internal medicine will suffer the most since most of those doctors are retiring at an early age. He indicated that with the eating habits of the younger generation and lack of exercise not to be surprised to see more people in the 18 to 20 year old category having heart attacks. The best thing we can do to eat healthier is to watch what we eat and the portions. Cutting back on portions will help more than anything else. All foods are good when used in the right way and all foods can be bad if overindulged. Two of the things we need to look out for in our food are trans fats and Omega 6. Omega 6 is in 20% of our foods and can cause joint inflammation. In the early 1900's, there were 250 different choices of food and now there are over 60,000. It is so easy to buy high calorie foods which make it difficult to eat healthy. The best way not to see a doctor is to eat healthy and stay active (exercise).

The motion to adjourn was made by Billie Dunn and seconded by Bob Hanger. Meeting was adjourned at 1:00 p.m.

MEMBERS ACTIVITY TOTALS

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*Denotes Board Members

*BOYD, MAVIS 12
*GOODE, MARGARET 3
*HANGER, BOB 19
*LOVELL, LORI 2
*MATHENY, MARGIE 6 (HONORARY)
*PATTERSON, SCOTT 7
*PHELAN, PENNY 3
*SAMAD, HARRIETT 6 (HONORARY)
*VALDIBIESO, MARI 3
*VAN DOOZER, LARRY 2 (HONORARY)
*YATES, DORIS 3
ALLEN, BILL 4
ALLISON-HOWARD, SABRINA 2
AMONETTE, PEGGY 18
ANDERS, BILL 1
AVILA, MIKE
BARTA, SUSANNE 6 (HONORARY)
BILLINGTON, ANN 13
BRAWNER, NORMA 5
DRAPER, GEORGE 17
DRAPER, JOAN 6
DUNN, BILLIE 6
FIORE, LINDA 11
FOREMAN, BOBBIE 1
FOREMAN, SCOOTER 1
GAMBLE, BARTON 2
GREENING, MIKE 2
GUERRERO, TIM 1
HAYNIE, ONA 17
HELSEL, YVONNE 2

HOUSTON-LOGAN, PAT 1
JACKSON, BARBARA 19
KERR, BETH
LANGE, SHARON 3
LANGLEY, LEON 5
LANGLEY, SHARON 4
MARTIN, TINA 4
MERKA, GWEN 3 (HONORARY)
MIZELL-FLINT, AMI 4
MOORE, JAN 8
MOORE, SALLY 3
NICHOLS, LISA
POWELL, ANN 6
PROSISE, CLYDIA 1 (HONORARY)
REID, SALLY 2
RICKETT, DANA
RUFF, BECKY 1
SAMAD, GARY 5 (HONORARY)
SEAY, JULIE 7
SHEFFIELD, BERNAY 4
SHELBY, HERSCHEL (HONORARY)
SMITH, KAREN 13 (HONORARY)
STAHA, JANET 2
TALTON, JASON 2
TORRES, MARIVEL
TURNER, JOANN 1 (HONORARY)
UPPSTROM, RON 30
WARREN, LINDA 15
WENETSCHLAEGER, JOAN 3
ZENTNER, BETTY 2

APRIL BIRTHDAYS

10th - Sabrina Allison-Howard
11th - JoAnn Turner
20th - Scooter Foreman
22nd - Barbara Jackson
24th - Becky Ruff

MEMBERSHIP REPORT

Members: 51
Honorary: 15

PENDING APPLICATIONS:
ROBIN REED (1)

NEWS, UPDATES, AND VARIOUS INFO

Past Greeters (can be a greeter for the Chamber luncheons one time per year): JAN. – Sharon Lange, Linda Fiore. MARCH - Ron Uppstrom.

Bill Anders' father, Harold Miers, had heart surgery on March 14th. He did have to go back in for some additional work on the 23rd but is hoping to return home soon.

CONGRATULATIONS to Gary & Harriett Samad on their 45th wedding anniversary. For their celebration, they went to Hawaii.